

TOO YOUR HEALTH GROUP

WATER CLASSES

| Time | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------|-----------------------------------|--|-----------------------------------|--|-----------------------------------|----------------------------------|
| 8:30 | Water Aerobics Claudia | | Water Aerobics Claudia | | Water Aerobics Claudia | |
| 9:45 | | | | | | Water Volleyball |
| 10:00 | Aqua Groove Robin | | Aqua Groove Robin | | Aqua Groove Robin | |
| 11:00 | Aqua Pilates Robin | Dynamic Stretching Essene | Aqua Pilates Robin | Dynamic Stretching Essene | Aqua Pilates Robin | Water Aerobics Esther |
| 6:30 | | Water Aerobics Ester | | | | |