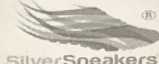
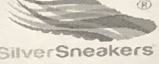














# GROUP CLASS SCHEDULE SPA 1

352-694-1141 | TOOYOURHEALTHSPAS.COM | OPEN MON-FRI 5AM-10PM | SAT 9AM-5PM | SUN 10AM-4PM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00AM			 Silver Sneakers w/Debbie C.		 Silver Sneakers w/Debbie C.	
9:30AM	AQUA- Step, Flex & Balance w/Syd C. 		AQUA- Step, Flex & Balance w/Syd C. 		AQUA- Step, Flex & Balance w/Syd C. 	
10:00AM	 Silver Sneakers w/Joe D.	<b>ZUMBA</b> w/Sherry		<b>ZUMBA</b> w/Sherry		AQUA FITNESS w/Joy 
10:00AM		AQUA FITNESS w/Joy 		AQUA FITNESS w/Joy 		<b>ZUMBA</b> w/Sherry <b>10:30AM</b>
11:00AM	AQUA FITNESS w/Syd C. 	<b>STRONG &amp; STABLE</b> w/Sherry	AQUA FITNESS w/Syd C. 	<b>STRONG &amp; STABLE</b> w/Sherry	AQUA FITNESS w/Syd C. 	<b>TONING</b> w/Sherry <b>11:30AM</b>
						<b>SUNDAY</b>
						<b>ZUMBA</b> w/Susan <b>2:00 PM</b>
6:00PM					<b>ZUMBA</b> LATIN FUSION w/Joe	<b>TONING</b> w/Susan <b>3:00 PM- 3:30 PM</b>
6:30PM	<b>ZUMBA</b> LATIN FUSION w/Joe	AQUA CARDIO w/Rachel 	<b>ZUMBA</b> LATIN FUSION w/Joe	AQUA CARDIO w/Rachel 		

**Babysitting:** Monday – Friday 5pm-8pm. \$1 per child per hour.